

# PLAS MENAI NATIONAL OUTDOOR CENTRE: SAMPLE SCHOOL ACTIVITY PROGRAMME



## SCHOOL: Learn a Lot Primary

**Arrive:** Monday 20 June

**Time:** 12.00pm

**Group Size:** 44+4

**First Meal:** Packed Lunch

**Depart:** Friday 24 June

**Time:** 1.00pm

**Age:** 10-11yrs

**Last Meal:** Packed Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	<p><b>ARRIVE</b> 12.00pm for packed lunch</p>	<ol style="list-style-type: none"> <li>Gorge Walk</li> <li>Gorge Walk</li> <li>Mountain Bike</li> <li>Rock Wall</li> <li>Sail</li> </ol>	<ol style="list-style-type: none"> <li>Windsurf</li> <li>Kayak</li> <li>Gorge Walk</li> <li>Gorge Walk</li> <li>Rock Wall</li> </ol>	<ol style="list-style-type: none"> <li>Mountain Bike</li> <li>Powerboat</li> <li>Windsurf</li> <li>Sail</li> <li>Gorge Walk</li> </ol>	<ol style="list-style-type: none"> <li>Powerboat</li> <li>Rock Wall</li> <li>Sail</li> <li>Kayak</li> <li>Mountain Bike</li> </ol>
PM	<ol style="list-style-type: none"> <li>Sail</li> <li>Windsurf</li> <li>Kayak</li> <li>Mountain Bike</li> <li>Powerboat</li> </ol>	<ol style="list-style-type: none"> <li>SUP</li> <li>SUP</li> <li>Rock Wall</li> <li>Powerboat</li> <li>Windsurf</li> </ol>	<ol style="list-style-type: none"> <li>Rock Wall</li> <li>Mountain Bike</li> <li>SUP</li> <li>SUP</li> <li>Kayak</li> </ol>	<ol style="list-style-type: none"> <li>Kayak</li> <li>Sail</li> <li>Powerboat</li> <li>Windsurf</li> <li>SUP</li> </ol>	<p><b>DEPART</b> 1.00pm with packed lunch</p>
Eve	All Orienteering	Grp 1 Indoor Archery Grp 2 Camp Fire	Grp 2 Camp Fire Grp 1 Indoor Archery	All Egg Drop	
Notes	<p>40 Students + 4 teachers = 48 Split into 5 groups of 8 8 activity sessions + 4 evening activities</p>				